## NEW PLAYERS: Please fill out the survey: NEW PLAYER SURVEY-CLICK HERE

Note: The official turn-out date is August 26th. Bring both running shoes and cleats to training. And always have full proper gear. WIAA forbids us to coach the game from August 1st until the first day of official turn-out (Aug 26).

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Place</u>	<u>Event</u>					
	TENTATIVE DATES Grades: fall season's 9-12 Objective: Repetitive focus training Fitness and ball training ran by coaches per WIAA regulations Spring Training Camp (optional, but recommended if able)								
Monday Tuesday Wednesday *Thursday **Thursday	06/10 06/11 06/12 *06/13 **06/13	4:15-6:30pm 4:15-6:30pm 4:15-6:30pm 4:15-6:30pm *3:30-4:00pm **4:00-4:30pm	Doc Harris Doc Harris Doc Harris *CHS Main Gym **CHS Main Gym	Spring Training Camp: Grades 8-11 (fall 9-12) Ball work, Skill work, Fitness, Scrimmage  *Concussion Testing (for those in 10-12 who did not do it last year -bring chrome)  **(for those in current 8/incoming 9 - bring chrome)	First round of shirt orders. CK meeting w/ future Varsity? Invitation only.				
Su	ımmer Fitne:	ss Training (opti	onal, but recomme	ended if in town)					
Monday	7/29	8:00-10:00am	Doc Harris	Fitness Training & Ball Work					
Wednesday	7/31	8:00-10:00am	Doc Harris	Fitness Training & Testing & Ball Work					
		6:30-7:30am	CHS Weight Room	Strength Training					

Friday	8/2	8:00-9:45am	Doc Harris	Fitness Training			
	Mon. 8/5 t	o Thu. 8/8, 9:00 -					
		Volunteers N	Needed - See Abby	У			
Monday	8/5	6:30-7:30am	CHS Weight Room	Strength Training			
		8:00-9:45am	Doc Harris	Fitness Training			
Wednesday	8/7	8:00-9:45am	Doc Harris	Fitness Training & Testing			
Friday	8/9	6:30-7:30am	CHS Weight Room	Strength Training	M&F: If able, make both sessions, if not, make th		
		8:00-9:45am	Doc Harris	Fitness Training	one you are able		
Monday	8/12	6:30-7:30am	CHS Weight Room	Strength Training			
		8:00-9:45am	Doc Harris	Fitness Training			
Wednesday	8/14	8:00-9:45am	Doc Harris	Fitness Training & Testing			
Friday	8/16	6:30-7:30am	CHS Weight Room	Strength Training			
		8:00-9:45am	Doc Harris	Fitness Training			
Monday	8/19	6:30-7:30am	CHS Weight Room	Strength Training			
		8:00-9:45am	Doc Harris	Fitness Training			
Wednesday	8/21	8:00-9:45am	Doc Harris	Fitness Training & Testing			
Friday	8/23	6:30-7:30am	CHS Weight Room	Strength Training			
		8:00-9:45am	Doc Harris	Fitness Training			
		Camas	High School	<del>-</del>			
	Young Women's Soccer Summer/Fall Training						
	Fall 2024 TENTATIVE Schedule						

## **Coaching Staff**

Head Coach: Keri Tomasetti Assistant Varsity Coach: Riley Allison Junior Varsity Coach: Emily Roberts JV2 Team Red Coach: Kristi Straw JV3 Team Black Coach: Henry Rico

## CHS Young Women's Soccer 2023 Season (all dates required if trying out-see attendance policy) You must have ALL paperwork completed and submitted to try out.

All training sessions will take place at Doc Harris Stadium.
Bring water, shin guards, cleats, tennis shoes to every practice.
Keepers and Strikers *potentially* plan on staying about 15-30 minutes later.

IV2 Teams will have a different match schedule.

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Place</u>	<u>Event</u>	
Monday	8/26	4:00-6:15	Doc Harris	Technical & Tactical Tryouts	Back to School events this week
(					
Tuocday	8/27	9:00-TBD	Doc Harris	Scavenger Hunt & Team Breakfast	
Tuesday	8/2/	4:00-6:15	Doc Harris	Technical & Tactical Tryouts	
Wednesday	8/28	4:00-6:15	Doc Harris	Technical & Tactical Tryouts	
		(Last set o	of cuts, if any)		
	Required Pare	nt/ Athlete Meeting for all	fall athletes - meet the coache	s -TBD this week	
Thursday	8/29	4:00-6:15	Doc Harris	Technical & Tactical Tryouts	Sock orders Shirt orders/Fundraiser

	Friday	8/30	3:30-5:00	Doc Harris	Technical & Tactical Tryouts	football jamboree 5:30-8: 00?
			8:00-11:00ish	Doc Harris	All teams scrimmage & Team Selection	cross country jamboree?
	Saturday	8/31	11:00ish; after scrimmage - managers in charge	Doc Harris	Potential uniform pick up after	
	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>	<u>Event</u>	
Labor Day	Monday	9/2 Labor Day	4:00-5:30	Doc Harris	Practice with assigned team	Jamboree cancelled
First day of school	Tuesday	9/3 First Day of School	4:00-6:15	CHS/DHS activity bus # to Doc Harris	_ Practice	CK \$350 deposit due - invitation only
	Wednesday	9/4	4:00-6:15	Doc Harris	Practice	LMS track?
	Thursday	9/5	4:00-6:00	Doc Harris	Practice	C FB 7:00
	Friday	9/6	4:00-5:45	Doc Harris		VFootball game
Busses@ Traveling w/volleyball Dinner provided after	Saturday	9/7	JV2 12:00pm JV 12:00pm V 2:00pm	Curtis Senior High School	@ Curtis High (University Place)	Bus@ 7:30am
	Monday	9/9	4:00-6:15	Doc Harris	Tentative: Photos & Goal Setting	
	Tuesday	9/10	4:00-6:15	Doc Harris	JV3/JV2 Practice	
	Wednesday	- 1	4:00-6:15	Doc Harris	JV3/JV/V Practice	
		Wednesday	ednesday 9/11		Doc Harris E	
			4:00-6:15	Doc Harris	JV2 Practice	
	Thursdav	9/12		Doc Harris		

IIIuI3uuy	7114	JV 5pm /	De a Hannila	n: 1 C:-11	
		V 7pm	Doc Harris	vs. Ridgefield	
Friday	9/13	4:00-5:45	Doc Harris	Practice	V FB 7pm
Saturday	9/14	V 2pm / JV 4pm	Doc Harris	vs. Eastlake	
Monday	9/16	4:00-6:00	Doc Harris	JV3/JV/V Practice	JV FB 6:30
Monday	9/10		Doc Harris E		
		4:00-6:15	Doc Harris	JV/V Practice	
Tuesday	9/17	V 6:00	Doc Harris	vs. Olympia	
		JV 6:30	Cardon (CHS)	vs. Olympia	
Wednesday	9/18	4:00-6:15	Doc Harris	Practice	LMS track?
		4:00-6:00	Doc Harris F	JV2 Practice	
Thursday	9/19	JV 5pm / V 7pm	Prairie High School	@ Prairie	Bus@ 2:15pm sharp
Friday	9/20	4:00-5:45	Doc Harris	JV3/JV/V Practice	LMS track?
Saturday	9/21				Bus@ 2:15pm sharp
Monday	9/23	4:00-6:15	Doc Harris	JV3/JV2 Practice	
		4:00-6:15	Doc Harris	Practice	LMS track
Tuesday	9/24	JV 4:15	Delta Park - Owens Sports Complex Field?	@ Grant HS/Delta Park	

		V 7pm	Grant High School	@ Grant High School	Bus@
Wednesday	9/25	4:00-6:15	Doc Harris	Practice	
Thursday	9/26	4:00-6:15	Doc Harris	Practice	
Friday	9/27	4:00-6:15	Doc Harris	Practice	
Saturday	9/28	JV 5pm / V 7pm	Mountain View High School	@ Mt. View	
Monday	9/30	4:00-6:00	Doc Harris	Practice	JV FB 6:30
		4:00-6:15	Doc Harris	Practice	Bus@ 3:30
Tuesday	10/1	4:00-6:15	Doc Harris	Practice	Bus@ 2:30
			Doc Harris		MS track
-Wednesday	10/2	4:00-6:15	Doc Harris	JV2/JV/V Practice	
Wednesday	10/2	4:00-6:15	Doc Harris	Practice	
		4:00-6:15	Doc Harris	Practice	
Thursday	10/3	JV 5pm / V 7pm	Doc Harris	vs. Union	
Friday	10/4	V 3pm	Jesuit High School	@ Jesuit High Stadium	V FB 7:00
Saturday	10/5	8:00-9:30	Doc Harris	JV/V Practice	JV FB 3:00
Monday	10/7	4:00-6:00	Doc Harris	JV2/JV3 Practice	
ivioliday	10//		Doc Harris		
		4:00-5:30	Doc Harris	JV/V Practice	MS track 6:00
Tuesdav	10/8		Doc Harris E		

Tucouuy	10/0				
		4:00-6:00	Doc Harris	JV2 Practice	MS Track
Wednesday	10/9	JV 5pm / V 7pm	Skyview High School	@ Skyview	
			Doc Harris		
Thursday	10/10	4:00-5:00	Doc Harris	JV3 Uniform Return and End of Season Paperwork Bring Chrombook	
Friday	10/11	4:00-5:45	Doc Harris	Practice	V FB 7:00
Saturday	10/12	JV2 12pm E JV 12pm V 2pm	Doc Harris	vs. Puallup High School	
Monday	10/14	4:00-6:00	Doc Harris	JV2 Practice	
Wioriday			Doc Harris		
		7:00-8:30	Doc Harris	JV/V Practice	MS Track 1:30-7:00
Tuesday	10/15	JV 5pm / Doc Harris vs. Battle Ground	vs. Battle Ground	V 6:40pm Senior Night	
Wednesday	10/16	4:00-6:00	Doc Harris	JV2 Practice	
	,				
_, ,	,	4:00-6:00	Doc Harris	JV/V Practice	C FB 7:00
Thursday	10/17	JV 5pm / V 7pm	Union High School	@ Union	Bus@
Friday	10/18	4:00-5:30	Doc Harris	JV2/JV/V Practice	V FB 7:00 - Homecoming
Saturday	10/19	on your own		2-mile run	
Monday	10/21	4:15-5:45	Doc Harris	JV/V Practice	JV FB 6:30pm
Williay	10/21	Doc Harris E			

Tuesday	10/22	JV 5pm / V 7pm	Doc Harris	vs. Skyview	Senior Night? Required attendance night for all players
	10/22	4:15-6:00	Doc Harris	JV/V Practice	
weditesday	10/23		Doc Harris E		
Thursday	10/24	JV 5pm / V 7pm	Battle Ground High School	@ Battle Ground	C FB 7:00
			Doc Harris		
Friday	10/25	4:15-5:30	Doc Harris	Practice	
Saturday	10/26	TBD	Doc Harris	JV/V 8:00-9:30am	
Monday	10/28	4:00-6:00	Doc Harris	JV2 Practice	
Monday			Doc Harris		
Tuesday	ıesday 10/29	4:00-6:00	Doc Harris	JV/V Practice	
Tuesday			Doc Harris E		
Wednesday	10/30				
Thursday	10/31				
Friday	11/1	4:00-5:00	Doc Harris	JV2/JV Uniform Return and End of Season Paperwork Bring Chromebook	